

Applied Pain Institute LLC
1015 S. Mercer Avenue
Bloomington, IL 61701

Phone 309-662-0088

Fax 309-662-0089

POST-OP INSTRUCTIONS

The medication given for your pain treatment may slow your reflexes when performing activities of daily living. For your safety, we recommend you rest at home the remainder of the day.

Please follow these instructions:

For 24 hours following your injection:

- Do not drive
- Do not operate machinery
- Do not drink alcoholic beverages
- Do not take tranquilizers, sleeping pills or pain medications
- Do not do any strenuous work or leisure activities
- Do not sign any legal documents

After the procedure:

- Rest at home the remainder of the day
- Remove your bandage after 4-6 hours and check for redness, swelling or drainage
- Resume your regular diet and medications unless otherwise directed

Special instructions:

- Epidural Injections
 - You may experience difficulty urinating in the first 24 hours
 - You may experience itching for 4-6 hours after the procedure
 - You may experience restlessness for 2-3 days after the procedure
- Lidocaine Infusion
 - Report any dizziness, blurred vision, ringing in your ears or facial numbness
- Stellate Ganglion Block
 - Do not eat or drink as long as you feel hoarse
- Sacroiliac and Facet Injections
 - You may experience numbness after your procedure

Symptoms that could require immediate medical attention:

- Sudden severe chest pain
- Difficulty breathing
- Temperature over 100 degrees
- Swelling, redness or discharge at the injection site

If you fail to notify your physician it could result in more serious consequences. Call Dr. Li at Applied Pain Institute 309-662-0088 or after hours call St. Joseph Emergency Department at 309-662-3311 ext 5111.

Pre Op Patient Signature: _____

Post Op Caregiver Signature _____

Nurse Signature: _____

Nurse Signature: _____

Date: _____

Date: _____