

Applied Pain Institute ^{LLC}
1015 S. Mercer Avenue
Bloomington, IL 61701

Phone 309-662-0088
Call here to cancel or reschedule

Fax 309-662-0089

Procedure: _____

Day/Date: _____

Arrival Time: Call 662-6120 ext 338 between 2 PM and 4 PM the day before your procedure
(If scheduled for Monday, please call on Friday afternoon.)

Location: The Center For Outpatient Medicine
2502 B East Empire St (East of Veteran's Parkway)
Bloomington, IL 61704

Please follow these instructions:

Before your injection:

- Notify the office if you have a cold, temperature, or other signs of infection
- Notify the office if you are taking any blood thinners such as:
Coumadin, Plavix, Pletal, Ticlid, Fragmin, Lovenox, Heparin, Aspirin (81 mg or 325 mg)
These medicines must be held before your injection. Please talk with the nurse about managing these medications.
- Notify the office if you are taking any anti-inflammatory medications such as:
Ibuprofen, Aspirin, or other non-steroidal anti-inflammatory medicines

The day of your injection:

- Nothing to eat or drink eight hours before your scheduled arrival time
- Please take your insurance information (including any Worker's Compensation contact information) with you
- If you receive sedation you must plan to have a responsible driver take you home:
 - The driver does not need to arrive with you
 - The driver must be available by phone at any time during your procedure
 - The driver will be required to sign a responsibility statement when you leave

After your injection:

- Please call our office (309-662-0088) 10-14 days after your injection to let us know what percent of relief the injection provided
- If you feel you need to be seen before this follow up call, please contact our office